

GOSPEL REFLECTION groups

Getting Started

Establish your group

- Identify a location that can comfortably accommodate a group of 10 or more people such as a home, office, or church.
- Invite people from varied denominations and backgrounds with the goal that the group will be an instrument of healing the one Body of Christ in answer to Christ's prayer
- Establish a consistent schedule.
- Sign-up for weekly reminders at GospelReflections.org.
- Print Gospel Reflection worksheets prior to each meeting to have available for participants
- Gospel Reflection prayer booklets and prayer cards are available at GospelReflections.org.

Best Practices

- Timing is everything! Gospel Reflection meetings should begin and end on time. Encourage attendees to socialize before and after the meeting if appropriate.
- Follow recommended group format (see below)
- If the facilitator notices certain individuals monopolizing the conversation, try to redirect the conversation and request input from others
- All attendees should be welcomed and respected for their input
- Consider having a separate fellowship event as a way to build rapport and support for each other
- Breaking open the Gospel together will provide amazing stories of conversion, spiritual growth and so much more. Recognize the spiritual impact!

Recommended Group Format

Introductions: Introduce new members attending to the group

1. **Opening prayer** - Volunteer needed to offer a prayer from the heart.
2. **Prayer of Unity** - Group prays together in unison
3. **Prayer** – Praying from Stewardship of Prayer booklet
Prayer of Humility - Volunteer needed to lead prayer. All members respond by reading the bold
Pray the Prayer of Pope Clement - Each person prays a paragraph while other members allow the prayer to open up their hearts. Prayer will move on in a clockwise direction until the prayer is complete.
4. **Gospel Reading** – Volunteer needed to read. All members are invited to write down all inspirations they receive from the gospel reading on the provided worksheet.
5. **1-3 minutes of silence** - is requested after the reading allowing the Holy Spirit to open our hearts and spirits to the reading.
6. **Spontaneous Contribution** - All members are welcome to contribute what impacted them in this gospel reading, sharing their inspirations, personal stories and how it relates to their everyday life.
7. **Request for Intentions** - All members are welcome to share special prayer intentions/requests. Please feel free to write these down or record them in your hearts.
8. **Prayer for Intentions** – Volunteer needed to offer up these intentions with heart- inspired prayer at the completion of them being gathered, as well as give thanks to the Lord for this time of fellowship.
9. **Closing Prayer** – A short series of prayers will immediately follow the special intentions, beginning with The Lord's Prayer. Hail Mary and Glory Be to the Father will follow.